

INVESTOR PRESENTATION

SERIES A PREFERRED SHARE EXCHANGE FOR NEW SERIES B PREFERRED

February 2022



FORWARD-LOOKING STATEMENTS

Statements contained in this presentation that are not historical facts may be forward-looking statements within the meaning of federal law. Such statements can be identified by the use of forward-looking terminology, such as "believes," "expects," "plans," "intends," "estimates," "should," "may," "anticipates" and variations of such words or similar expressions, but their absence does not mean that the statement is not forward-looking. Such forward-looking statements reflect management's beliefs and assumptions and are based upon information currently available to management and involve known and unknown risks, results, performance or achievements of Regional Health Properties, Inc., and its predecessor, AdCare Health Systems, Inc., which may differ materially from those expressed or implied in such statements. Such factors are identified in the public filings made by Regional Health Properties, Inc. with the Securities and Exchange Commission ("SEC"), including the factors discussed under the heading "Risk Factors" in its Registration Statement on Form S-4, Annual Report on Form 10-K for the year ended December 31, 2021, and Quarterly Reports on Form 10-Q and other filings with the SEC. There is no assurance that such factors or other factors will not affect the accuracy of such forward-looking statements. Except where required by law, Regional Health Properties, Inc. undertakes no obligation to revise or update any forward-looking statements to reflect events or circumstances after the date of this presentation.

No Offer or Solicitation

This communication is not intended to and shall not constitute an offer to buy or sell or the solicitation of an offer to buy or sell any securities, or a solicitation of any vote or approval, nor shall there be any sale of securities in any jurisdiction in which such offer, solicitation or sale would be unlawful prior to registration or qualification under the securities laws of any such jurisdiction. No offering of securities shall be made, except by means of a prospectus meeting the requirements of Section 10 of the U.S. Securities Act of 1933, as amended.

Additional Information about the Exchange Offer and Where to Find It

In connection with the proposed transaction, RHE filed with the SEC a registration statement on Form S-4 on June 1, 2021 (as amended on July 2, 2021, February 11, 2022 and February 22, 2022), that includes a proxy statement and that also constitutes a prospectus. The registration statement was declared effective by the SEC on February 25, 2022 at 9:00a.m., Eastern Time. RHE filed the definitive proxy statement/prospectus in connection with the proposed transaction with the SEC. RHE commenced mailing the definitive proxy statement/prospectus to shareholders on or about February 28, 2022. RHE also filed with the SEC a joint statement on Schedule TO/13E-3 (the "Schedule TO/13E-3") for the proposed transaction. RHE intends to file other relevant documents with the SEC regarding the proposed transaction. This document is not a substitute for the definitive proxy statement/prospectus or registration statement or any other document that RHE may file with the SEC. INVESTORS AND SECURITY HOLDERS ARE URGED TO READ THE REGISTRATION STATEMENT, THE SCHEDULE TO/13E-3, THE DEFINITIVE PROXY STATEMENT/PROSPECTUS, AND ANY OTHER RELEVANT DOCUMENTS THAT MAY BE FILED WITH THE SEC, AS WELL AS ANY AMENDMENTS OR SUPPLEMENTS TO THOSE DOCUMENTS, CAREFULLY AND IN THEIR ENTIRETY BECAUSE THEY CONTAIN OR WILL CONTAIN IMPORTANT INFORMATION ABOUT RHE AND THE PROPOSED TRANSACTION. Investors and security holders are able to obtain free copies of the registration statement, the Schedule TO/13E-3 and the definitive proxy statement/prospectus and all other documents containing important information about RHE and the proposed transaction, once such documents are filed with the SEC, including the definitive proxy statement/prospectus, through the website maintained by the SEC at <http://www.sec.gov>. The proxy statement/prospectus included in the registration statement and additional copies of the proxy statement/prospectus will be available for free from RHE.

Participants in the Solicitation

RHE and certain of its directors and executive officers may be deemed to be participants in the solicitation of proxies in respect of the proposed transaction. Information about the directors and executive officers of RHE, including a description of their direct or indirect interests, by security holdings or otherwise, is set forth in RHE's proxy statement for its 2021 Annual Meeting of Shareholders, which was filed with the SEC on October 22, 2021, and RHE's Annual Report on Form 10-K for the fiscal year ended December 31, 2021, which was filed with the SEC on February 22, 2022. Investors may obtain additional information regarding the interests of those persons and other persons who may be deemed participants in the proposed transaction by reading the definitive proxy statement/prospectus and other relevant materials to be filed with the SEC regarding the proposed transaction when such materials become available. Investors should read the definitive proxy statement/prospectus carefully before making any voting or investment decisions. You may obtain free copies of these documents from RHE using the sources indicated above.

If you have any questions about the proposed transaction, you should contact:

Morrow Sodali LLC, as Proxy Solicitor and Information Agent

333 Ludlow Street

5th Floor, South Tower

Stamford, Connecticut 06902

Individuals call toll-free: (800) 662-5200

Banks and brokers call collect: (203) 658-9400

E-mail: RHE@investor.morrowsodali.com

WHAT IS THE PREFERRED EXCHANGE ABOUT?



Regional Health Properties is looking to exchange its Series A Preferred Shares for a new Series B Preferred.

Improving market conditions may create opportunities to use common stock as currency to grow into the industry dislocation caused by COVID-19 pandemic.

SERIES A PREFERRED EXCHANGE OFFER OVERVIEW

RHE is launching an offer to all holders of Series A Preferred shares to exchange into A new Series B Preferred at an exchange ratio of **1:1**

Contact Information

Website www.regionalhealthproperties.com

Headquarters 454 Satellite Road, NW Suite 100
Suwanee GA 30024

Investor Contact Brent Morrison, CFA President & CEO
Brent.morrison@regionalhealthproperties.com
(678)678-4402

Investor IR Brett Maas
brett@haydenir.com

Key Terms of New Series B Preferred Security

- 2,811,535 shares to be issued (assuming 100% exchange)
- Senior to the Series A Preferred and Common Stock
- Initial liquidation preference of \$10.00, increasing over time up to \$25.00
- Dividends begin accruing in April 2026 at 12.5% per annum
- Scheduled redemption milestones each year from 2022-2025
- Rights to elect directors to RHE board upon certain defaults, including if redemption milestones are not achieved
- Penalty dividend payable in Common Stock if one million Series B Preferred shares are not redeemed within 18 months of issuance
- Optional redemption by RHE at applicable liquidation preference plus accumulated and unpaid dividends
- RHE will apply to list Series B Preferred on NYSE American

SERIES A PREFERRED SHARES ARE AN OBSTACLE TO INCREASING SHAREHOLDER VALUE

Series A Preferred shares are an impediment to increasing shareholder value for **ALL** shareholders

Preferred Share Overhang



OPERATIONS

- **CAN'T** cover distributions..
- Current operations don't cover Series A preferred dividend
- Prohibited from making distributions to common holders



FINANCING

- **CAN'T** raise equity...
- Severely limits access to capital markets



STRATEGY

- **CAN'T** pursue transactions...
- Effectively prohibits M&A transactions for growth
- Effectively prohibits sale of the company

AN EXCHANGE IS AN EFFICIENT SOLUTION

The Exchange Offer Benefits All Stakeholders

The proposed exchange is the most efficient, cost-efficient way to improve the company's capital structure which should benefit all stakeholders.

- ✓ **Much less expensive**
- ✓ **Avoids the risks of value destruction**
- ✓ **Less distraction to management**
- ✓ **Faster process**

COMPELLING VALUE PROPOSITION OF EXCHANGE

The Exchange Offer Benefits the Company, its Common Holders and Preferred Holders

Benefits for Preferred Holders

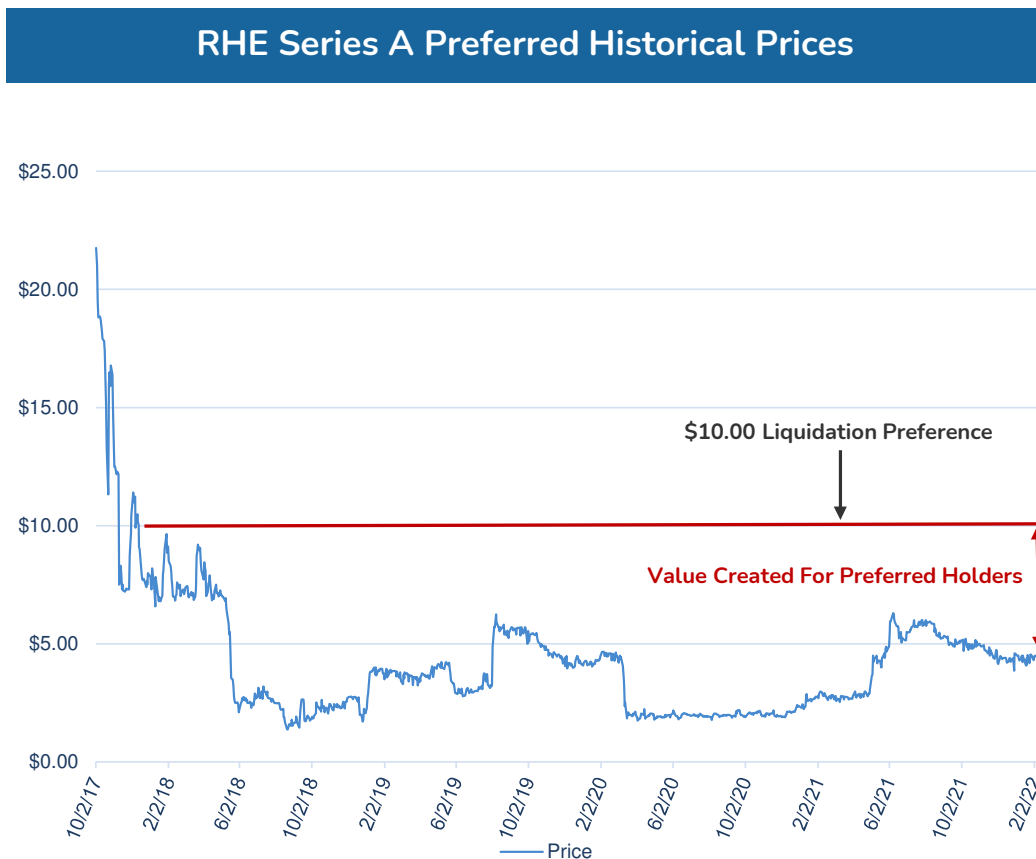
- Series B becomes senior in capital structure
- Contains systematic redemption schedule
- Increasing liquidation preference over time
- Increases probability the preferred class gets redeemed
- Director nomination rights

Benefits for Company & Common Holders

- Simplifies and improves capital structure
- Removes overhang to the value of the common, benefiting all shareholders
- Increases financial flexibility
- Reduces cost of capital
- Eliminates accrual of dividends
- New currency in which to transact
- Noncash deal, preserves cash to invest in value enhancing transactions

PATH TO CREATE EQUITY VALUE

NYSE AMERICAN: RHE



EXCHANGE MAY CREATE PATH TO COMMON EQUITY VALUE

Common Holders May Benefit From the Preferred's Reduced Liquidation Preference

	100% Exchange ¹	No Exchange
Estimated Owned Portfolio Value ²	\$100 Million	\$100 Million
Less: Secured Debt ³	\$54.2 Million	\$54.2 Million
Estimated Portfolio Equity ⁵	\$45.8 Million	\$45.8 Million
Less: Preferred Equity Liquidation Preference	\$28.11 Million	\$107.2 Million ^{6 7}
Illustrative Common Equity Liquidation Value/Share	\$9.89⁸	(\$35.88)⁸

1. Assumes 100% of Series A holders exchange into Series B

2. Owned portfolio value estimated using price per bed metric, \$79,681 per bed applied to 1,255 owned beds in 10 Skilled Nursing Facilities and 2 Assisted Living Facilities

3. Outstanding debt balance as of December 31, 2021 from the 10-K

4. Total liquidation preference of Series A Preferred including accrued but unpaid dividends

5. Assuming all properties are sold at a value of \$79K a bed with zero transaction costs and total proceeds are used to pay off facility debt

6. \$25.00 per share plus \$38.0 million in accumulated and unpaid dividends as of December 31, 2021.

7. Assumes 2,811,535 shares outstanding

8. For Illustrative purposes only, assumes 1,788,339 common shares outstanding as of February 28, 2022

SHAREHOLDER APPROVAL REQUIRED

Both Preferred & Common Shareholders Need to Vote in Favor of the Exchange



The Exchange Offer will, among other things, be conditioned on:

- Two-thirds of outstanding Series A Preferred shares approve certain Charter amendments affecting the rights of the Series A Preferred
 - If the Charter amendments are adopted, approximately \$38.0 million in accumulated and unpaid dividends on the Series A Preferred Stock (through February 15, 2022) will be eliminated and not paid, no further dividends on the Series A Preferred Stock will accumulate, and the stated liquidation preference per share of the Series A Preferred Stock will be reduced from \$25.00 to \$5.00
- Two-thirds of outstanding Series A Preferred shares approve increasing the authorized shares and creating the Series B Preferred
- Majority of outstanding Common shares approve the Charter amendments and increasing the authorized shares

TRANSACTION TIMELINE

FEBRUARY 2022						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

MARCH 2022						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 28th Exchange Offer Launched

March 28th Special Meeting / Expiration Date of the Exchange Offer

March 30th Exchange Offer Settled

The background of the slide features a large, faint, blue watermark of the Regional Properties, Inc. logo and company name. The logo is a stylized 'R' composed of concentric, offset rectangular shapes. Below the logo, the words 'REGIONAL PROPERTIES, INC.' are written in a bold, sans-serif font, slanted upwards from left to right. The entire background is a solid dark blue color.

INVESTOR PRESENTATION

CORPORATE OVERVIEW

INVESTOR HIGHLIGHTS

RHE is a Real Estate Holding Company Investing in Healthcare Real Estate



Portfolio of Properties

- Core portfolio that can grow in a space that is dislocated
- Long-term, triple-net leases that generate recurring rental payments
- Real estate value provides a floor on valuation

ESTABLISHED



Compelling Market Trends

- Assets trading below construction costs
- Large owners reducing exposure due to affects from COVID
- Favorable demographic trends

OPPORTUNITY



Assets and Strategy to Unlock Incremental Value

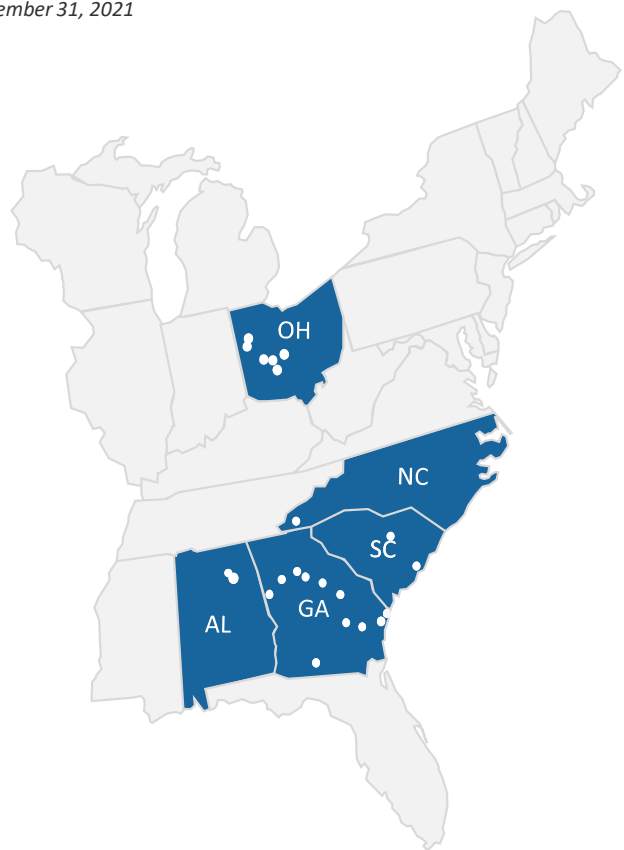
- Diversify portfolio outside of skilled nursing assets with other income generating senior housing properties
- Simplify & improve capital structure
- Continue to reduce cost of debt opportunistically

VALUE CREATION

CORE PORTFOLIO OF PROPERTIES

24 Facilities in Five States

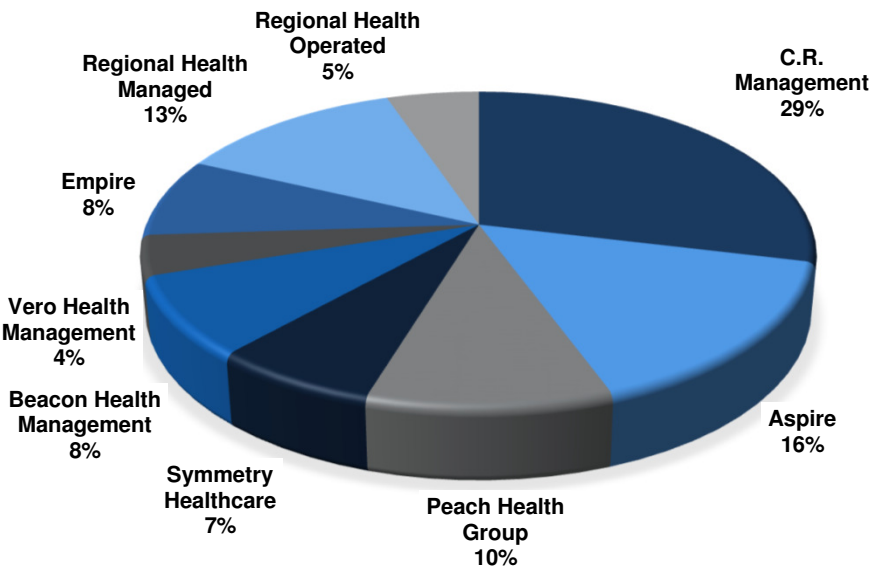
as of December 31, 2021



Seven Independent Operators

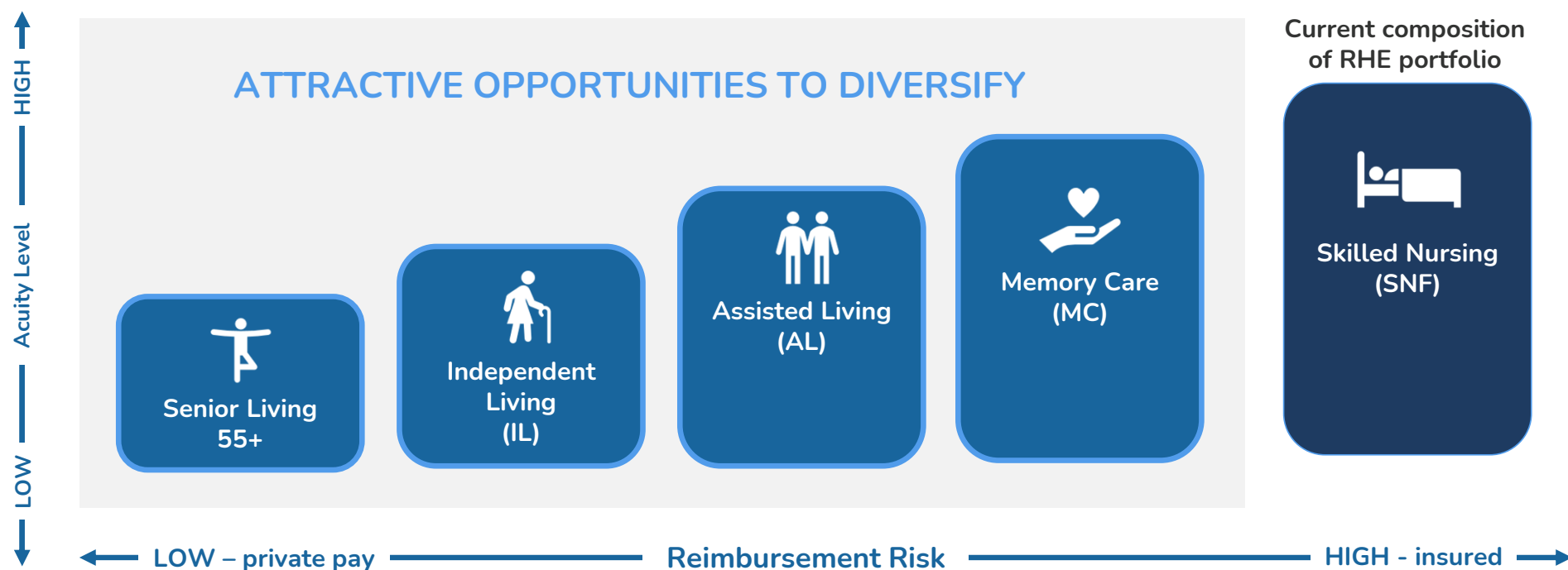
as of December 31, 2021

More than 2,500 beds



BROAD RANGE OF OFFERINGS ALONG THE SENIOR HOUSING CONTINUUM OF CARE

Further diversifying our portfolio to include the lower end of the acuity spectrum would reduce reimbursement risk and lower the portfolio cap rate

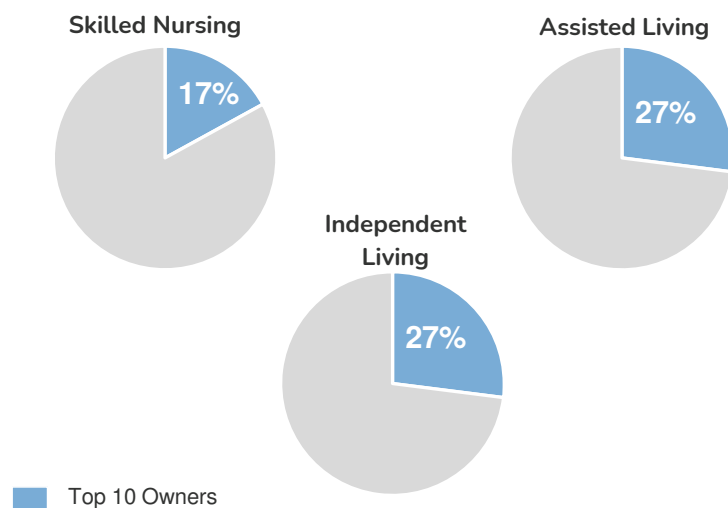


MARKET TRENDS: ATTRACTIVE CONDITIONS FOR STRATEGIC TRANSACTIONS

Developing Market Conditions Create Broad Opportunities in Long-term Care

Highly Fragmented

Top 10 property owners own a small fraction of Senior Housing assets



Market Dislocation

Publicly traded REITs have been net sellers of Senior Housing assets

ColonyCapital

Shifting Corporate Strategy

Divested over 200 properties, including 36 transferred back to the lender



Portfolio Pruning

Plans to pursue the sale, re-tenanting, or repurposing of up to 32 assets



107 Senior Housing properties

Exiting smaller Senior Living communities and Skilled Nursing business



18 properties valued at \$220M

Transferred 18 senior housing facilities back to the lender to resolve a default

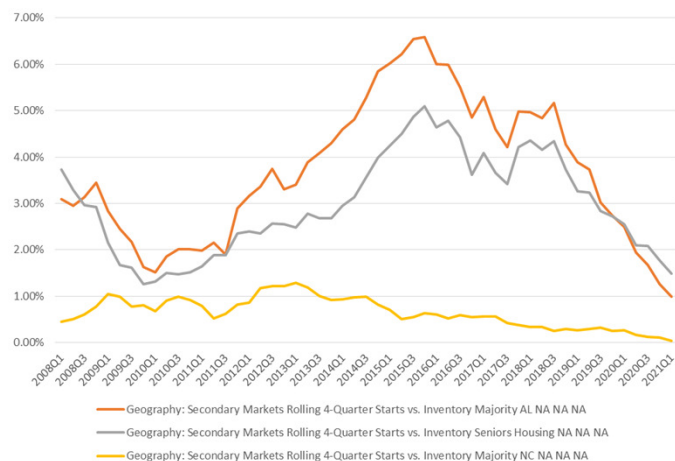
MACRO TRENDS: SUPPLY / DEMAND IMBALANCE IN SENIOR HOUSING

Supply and Demand Trends Set Up Well for Investment in Senior Housing

SUPPLY

Construction vs. inventory of Senior Housing assets in Secondary Markets is at the **lowest level since the Great Financial Crisis (GFC) of 2009**

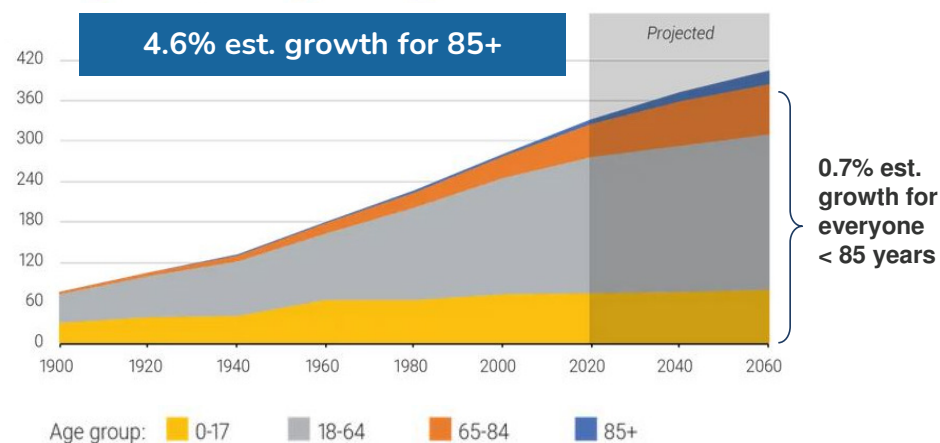
Senior Housing Starts vs Inventory¹



DEMAND

Target market of 85+ years old is **growing 5X FASTER** than overall population

U.S. Population by Age Group (millions), 1900 to 2060²



BUSINESS AND FINANCING STRATEGIES

Pursuing opportunities to leverage our platform and accelerate our business in ways that return value to **ALL** shareholders



Improve Existing Portfolio

- Continue to work with operators to improve facility performance
- Streamline facility expense structure
- Increase rent coverage ratios



Seize Industry Opportunities

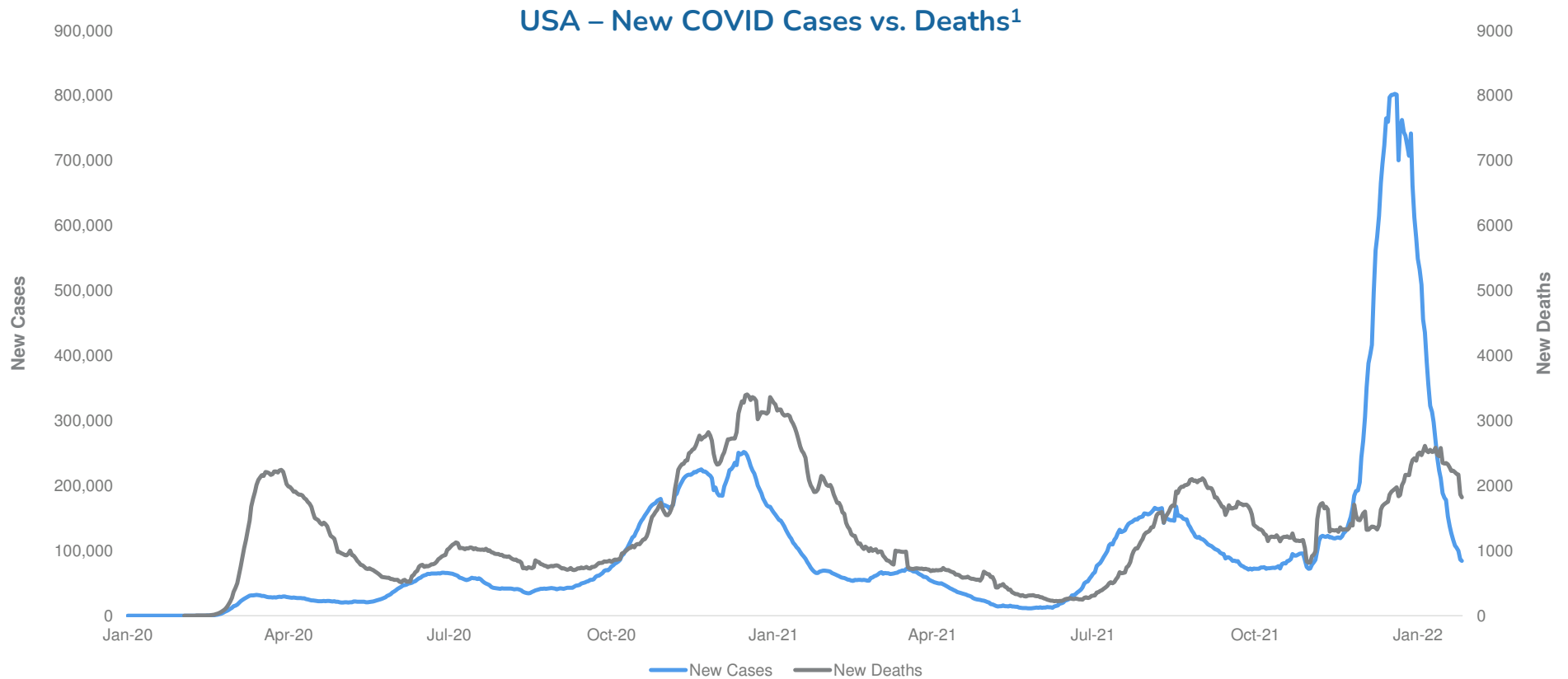
- Opportunity to diversify outside of skilled nursing and into senior housing
- Large REITs are net sellers of Senior Housing Assets
- COVID is creating forced sellers



Simplify Capital Structure

- Complete Preferred Exchange
- Improves financial flexibility
- Excess liquidity in capital markets... timing is attractive

COVID-19 DEATHS PER REPORTED CASES ARE DECLINING

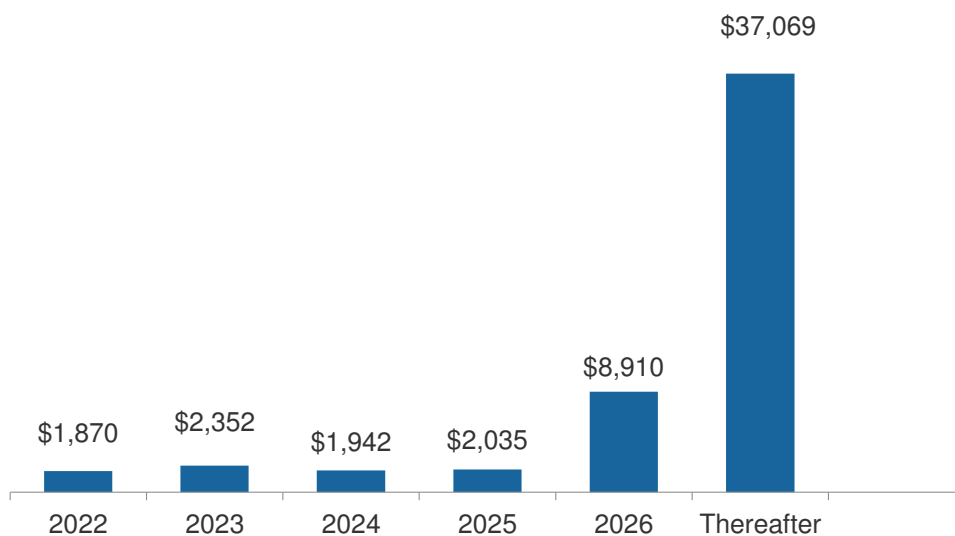


ATTRACTIVE DEBT MATURITY PROFILE

Solvency Risk has been Mitigated through Asset Sales, Debt Payoff/Amortization, Refinancings and Stabilization of Operating Portfolio

Debt Maturity Profile¹

(\$ in thousands)



Extremely low Liquidity Risk

Minimal Short-term Maturities
Weighted Average Maturity >19 years

Mostly Fixed Rate Debt
Weighted Average Cost of Debt 4.60%

Backed by Performing Real Estate Assets

SENIOR MANAGEMENT TEAM

BRENT MORRISON, CFA

Chief Executive Officer, President and Director

- Appointed CEO in March 2019; Interim CEO prior to that beginning in October 2017
- Board Member since 2014
- Managing Director of Zuma Capital Management, LLC
- MBA from UCLA Anderson

BENJAMAIN A. WAITES, CPA

Chief Financial Officer and Vice President

- Appointed CFO in September 2020
- Previously served as Vice President of Finance and Assistant Treasurer for Cajun Operating Company, Inc.
- Also previously served as Chief Accounting Officer of Lavie Healthcare, operator of 125 skilled nursing and rehabilitation centers
- Certified Public Accountant

HEADQUARTERS

Regional Health Properties
454 Satellite Blvd. NW, Suite 100
Suwanee, GA 30024
info@regionalhealthproperties.com
(678) 869-5116

INVESTOR RELATIONS

Hayden IR
15879 N. 80th Street, 2nd Floor
Scottsdale, AZ 85260
Brett Maas
brett@haydenir.com
(646) 536-7331